CALM Clinical Workshop



The Counseling on Access to Lethal Means (CALM) Clinical Workshop is a 3.5-hour training that aims to help those in mental health, medical, and human service professions to counsel individuals and their families to temporarily reduce access to firearms and dangerous medications during times of heightened suicide risk.

Workshop participants will



Be able to provide a rationale for using means safety interventions



Articulate multiple options for increasing the safety of firearm storage



Outline steps for reducing access to dangerous doses of medication



Practice conducting means safety interventions with at-risk individuals and their families through case discussions and role plays

Registration links:

9/16/2025 - https://Counselingonlethalmeans CALM9162025.eventbrite.com

9/17/2025 - https://Counselingonlethalmeans CALM9172025.eventbrite.com

Training Information:

Date: 9/16/2025 OR 9/17/2025

Time: 9:00am - 12:15pm (either day)

Location: ADAMHS Board of Cuyahoga Co

2012 W 25th Street, 6th Floor, Cleveland OH

Contact the Trainer:

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Email: michelle.sayer@caresource.com

The use of means safety interventions is an important tool to keep individuals at risk safe during times of crisis. The CALM Clinical Workshop prepares clinicians to have collaborative and effective conversations about the safe storage of medications—the most common method of suicide attempt—and firearms—the most common method of suicide. For more information, please go to our website at calmamerica.org



