

AmeriHealth Caritas Ohio invites you to join  
**Engage, Empower, Treat:  
A Behavioral Health  
ECHO Learning Series**



AmeriHealth Caritas Ohio, in collaboration with Project ECHO, is excited to launch Engage, Empower, Treat: A Behavioral Health ECHO series — an emerging case-based learning model for practitioners. **Continuing education for providers who participate in this series will be applied for through Arizona State University, for physicians and nurses, and the Ohio Counselor, Social Worker, and Marriage and Family Therapist (CSWMFT) Board for social workers, licensed professional counselors, and marriage and family therapists.** This opportunity doesn't cost anything for participating AmeriHealth Caritas Ohio practitioners. Please read on for more information and register to join this ECHO model clinic.

The Extension for Community Healthcare Outcomes (ECHO) model was developed by the University of New Mexico Health Sciences Center and is now used nationwide and internationally.

#### **What is the ECHO model?**

The ECHO model facilitates case-based learning for front-line practitioners via teleconferencing clinics. Similar to virtual chart rounds, the ECHO model creates a space where practitioners can share knowledge and build support to better manage patients with complex care needs.

For more information on Project ECHO, please visit <https://echo.unm.edu>.

#### **What's the goal of this program?**

Engage, Empower, Treat: A Behavioral Health ECHO Learning Series exists to:

- Provide education to increase screening and treatment of behavioral health disorders among members in physical health settings.
- Recognize symptoms, adaptations, or somatic complaints in response to a traumatic experience.
- Build skills to successfully engage members in treatment through motivational interviewing and harm reduction interventions.

**To sign up for the virtual ECHO series, please email [projectecho@amerihealthcaritas.com](mailto:projectecho@amerihealthcaritas.com).**

Further registration instructions will be emailed to you.

<b>Date</b>	<b>Topic</b>
<b>February 12 Noon to 1 p.m.</b>	<b>Empowering People With Developmental Disabilities</b>
<b>March 12 Noon to 1 p.m.</b>	<b>Reframing Addiction: A Chronic Disease Approach to Treatment and Recovery</b>
<b>April 9 Noon to 1 p.m.</b>	<b>Zero Suicide Using the Trauma-Informed Care Model</b>
<b>May 14 Noon to 1 p.m.</b>	<b>Managing Behavioral Health Conditions During the Perinatal Period</b>
<b>June 11 Noon to 1 p.m.</b>	<b>Attention Deficit Hyperactivity Disorder (ADHD) in Adults</b>
<b>July 9 Noon to 1 p.m.</b>	<b>Start the Conversation: Assessment and Intervention for Alcohol Use</b>



## How does an ECHO clinic work?

Practitioners from multiple locations connect at regularly scheduled times through teleconferencing. These virtual ECHO clinics allow practitioners to present de-identified patient cases to a team of peers and experts for mentoring and shared learning. Case-based discussions may also be supplemented with short didactic presentations to improve content knowledge and share evidence-based practices.

## Who participates in an ECHO clinic?

AmeriHealth Caritas Ohio practitioners are welcome to participate in ECHO clinics at no cost; this includes physicians, physician assistants, nurse practitioners, registered nurses, psychiatrists, and other qualified mental health practitioners.

Our health plan staff have been trained to facilitate the ECHO model and will guide the experience. AmeriHealth Caritas Ohio's Chief Medical Officer, Behavioral Health Medical Director, and Market Pharmacist will also participate, as pertinent to the cases being reviewed.

ECHO clinics are not intended to replace a practitioner's clinical judgment; the practitioner is responsible for determining applicable treatment for the patients under their care.

## When will the virtual ECHO sessions take place?

Sessions will be ongoing and additional sessions will be established to address specific topics as the need dictates. All ECHO sessions will occur regularly, at noon ET. To register, email [projectecho@amerihealthcaritas.com](mailto:projectecho@amerihealthcaritas.com).

## Engage, Empower, Treat: A Behavioral Health ECHO Learning Series

This program has been approved for continuing education credit by the Counselor, Social Worker, and Marriage and Family Therapist (CSWMFT) Board under provider numbers RCS092303 and RTX032403.

## Questions?

Please contact the Project ECHO Program Coordinator at **1-855-410-6639** or [projectecho@amerihealthcaritas.com](mailto:projectecho@amerihealthcaritas.com).